

Starters

Garlic Bread Made with our very own garlic butter	£2.90
Soup of the day with Roll Ask for details	£4.90
Calamari Lightly dusted deep fried squid rings and tentacles with a lemon mayo dip	£4.90
Dipping Bread Warm Focaccia bread & dipping oil served with herb and spiced olives	£4.90
Garlic Mushrooms Breaded Mushrooms on a bed of lettuce topped with a Garlic Dressing	£5.90
Seafood Hotpot & Roll A mixture of fish in a Seafood Sauce, served Hot	£5.90
Salsa Bites They're back! New recipe, breadcrumb coated cheese and chili pepper stuffed balls, deep fried, topped with cheese and salsa	£5.90
Prawn Cocktail with Brandy Sauce	£5.90

Mains

*Main courses come served with the following:
Fresh Vegetables, Mushy Peas OR Salad garnish
With EITHER*

Chips, Croquettes, Boiled OR Jacket Potatoes

Don't want potatoes? You can have rice or a full salad instead

(FOR SOFT, WELL COOKED VEGETABLES, PLEASE STATE WHEN ORDERING)

Scampi Whole scampi tails deep fried in breadcrumbs	£11.90
Salmon Steak Poached in butter (garlic optional) and served with a lemon sauce	£12.50
King Prawns Succulent large prawns cooked then tossed in our own garlic butter	£13.90
Sea Bass Fillet of fish, poached and seasoned with sundried tomatoes and fresh herbs	£14.80

Vegetable Tagliatelle	£8.50
Fresh egg pasta with vegetables coated in a classic creamy French style sauce, dressed with parmesan cheese and fresh basil (does not include main course choices - Its filling by itself!)	
Vegetable Goulash	£8.50
Vegetables in a smoky tomato, red pepper and onion sauce, topped with feta cheese	
Vegetable Jalfrezi	£8.50
Our mixed vegetables in a Medium to Hot curry sauce. (Suitable for vegans too)	
Gourmet Burger (170g/6oz)	£9.20
A succulent Pork and Apple burger in a roll with bacon, cheese, lettuce and served with chips (rather large for a child, more for teenagers or adults)	
Chicken Korma	£9.60
Tender pieces of Chicken in a Mild to Medium creamy curry sauce	
Chicken Jalfrezi	£9.60
Tender pieces of Chicken in a Medium to Hot curry sauce	
Chicken Steak (225g/8oz)	£9.60
Chicken breast steak seasoned & grilled.	
Gammon Steak (300g/10oz)	£9.90
Moist and served with pineapple	
Lamb Kebabs	£12.50
Lean leg of lamb, seasoned and dressed with Mint and Tomatoes served on skewers with mushrooms and onions	
NEW Chicken Melt	£12.90
Chicken breast steak topped with Cheddar Cheese and Pulled Pork	

*Our beef steaks are matured for a month
for a more tender and tastier steak.*

Rump Steak (225g/8oz)	£12.90
Prime cut of British beef seasoned & grilled to your preference (garlic optional)	
Rump Steak (340g/12oz)	£15.90
A beast of succulent prime cut British beef steak seasoned & grilled to your preference (garlic optional)	

Sides

Portion of Chips - £3.50	Crispy Mushrooms - £4.80
Mixed Side Salad - £3.90	
Sauces (Pepper, Wild Mushroom or Gravy) - £1.70	

Exotic Meats

Venison in Red Wine	£11.20
Tender pieces of Venison cooked in its own red wine sauce	
Jumper Fillet Steak (250g/8½oz)	£14.50
Succulent Kangaroo Fillet, more flavoursome than beef, virtually fat free, served close to RARE	
Rose Veal (220g/8oz)	£15.50
Tender Striploin Fillet from High Welfare Reared Calves (NOT in the traditional way, hence pink in colour) Served MED-MED RARE	

Desserts

Luxury Cornish Ice Creams	£4.50
Vanilla; Salted Caramel; Rum & Raisin; Chocolate; Bubblegum; Lemon Crunch	
Banana Split	£5.80
Pannacotta	£5.80
Hot Toffee Sponge Pudding	£5.80
Light steamed pudding, drizzled with a sticky sauce, served with ice cream, clotted cream or custard	
Hot Apple & Strawberry Crumble	£5.80
Served with ice cream, clotted cream or custard	
Hot Chocolate Fudge Pudding	£5.80
A light steamed pudding topped with Chocolate Syrup served with ice cream, clotted cream or custard (gluten free option available)	
Hot Ginger & Date Pudding	£5.80
A steamed pudding served with ice cream, clotted cream or custard (Warning - may contain the occasional Date Stone)	
Iced Pebbles	£5.80
Meringue pebbles on a lemon crunch ice cream base topped with clotted cream, chocolate syrup and marshmallows	
White Heron Sundae	£6.50
Cheese & Biscuits (with a selection of Cornish Cheeses)	£6.50
Tipsy Fruits (Rumtopf)	£6.90
Fresh fruits matured and served in a sweet Jamaican Dark Rum served with ice cream or clotted cream **WARNING: THIS BITES BACK!**	